

POCONO SPRINGS CAMP SAMPLE MENU



BREAKFAST

Main Options (rotate throughout the Summer):

Scrambled Eggs, French Toast Sticks, Pancakes, Breakfast Sandwiches, Turkey Bacon, Waffles, Omelets, Turkey Sausage

**Bagels, Cereal, Fresh Fruit and Oatmeal are available every day*

LUNCH

Main Options (rotate throughout the Summer):

Tacos, Mac & Cheese, Pizza, BBQ Pulled Chicken, Quesadillas, Deli Sandwiches, Chicken "Philly Cheesesteaks", Meatball Subs, Popcorn Chicken, Grilled Cheese

**Salad Bar w/ Protein Option, SoyButter & Jelly, bread/ bagels and Fresh Fruit are available every day*



DINNER

Main Options (rotate throughout the Summer):

BBQ (Hot Dogs, Hamburgers & Chicken), Lasagna, Fajitas, Orange Chicken, Spaghetti & Meatballs, Thanksgiving Dinner, Chicken Patty Parm, Roast Beef, Pizza Buffet

**Side Vegetables, Salad Bar w/ Protein Option & Pasta Bar are available every day*



Sample Menu is not comprehensive.

Additional menu options are added regularly!

Vegetarian and Vegan Options available at every meal!